

How you can help

You have a role to play in helping our school deal with bullying. We cannot tackle the issue without your full support. Help us to teach the children that all forms of bullying behaviour are wrong and show them how to sort out difficulties without aggression or violence.

If you think your child has been the victim of bullying:

- **S**tart **T**elling **O**ther **P**eople.
- Talk about what has happened calmly.
- Make an appointment to see your child's class teacher.
- Explain to us the problems your child is having.

Please remember that we may not be aware that there is a problem — or we may have heard conflicting versions of the incident.

Stay in touch and be sure to let us know if things improve as well as if the problems continue.

It may be difficult for parents to accept that their child has been bullying other children and they too may need appropriate support. You can help by:-

- Explaining that what s/he is doing is hurtful.
- Work with us to find ways of changing unacceptable behaviour.
- Give lots of praise and encouragement when s/he is co-operative or kind to others.
- Talk to your child's teacher to keep a check on how things are going at school.

If all else fails pupils who continue to bully others may be considered for short term and ultimately permanent exclusion. We cannot promise to stop all bullying, but we can work together to make sure that we do our best to address the problem.

Remember - We are a caring school. Help us to help your children.

Several **T**imes **O**n **P**urpose

HADY PRIMARY SCHOOL

INFORMATION BOOKLET
ON

BULLYING



Start **T**elling **O**ther **P**eople

PARENT INFORMATION SHEET

BULLYING IS A WORRY!



It can be a worry for you as a parent and for everyone involved with your children at school. It can affect everyone—not just the bullies and the victims. It can also affect those other children who may witness violence and aggression and the distress of the victim. It may damage the atmosphere of a class and even the “climate” of a school. The staff and governors wish to make their views very clear. **Bullying is totally unacceptable behaviour. To tackle it effectively we must all work together. We have whole teams of staff that can help your child.**



WHAT IS BULLYING?

Bullying can happen in all walks of life. Bullying happens from time to time in all schools. It can also occur out of school. Wherever groups of children come together there is the potential for bullying.

We have defined bullying as:-

“deliberate behaviour intended to hurt, humiliate or intimidate”.

- Physical - hitting, kicking, taking another's possessions.
- Verbal - name calling, threats, making offensive remarks
- Indirect - spreading rumours, excluding from play and groups, sending malicious emails or text messages

Bullying is not two people having a disagreement or falling out over something. It is not a one—off incident—it has to happen several times. Bullying is:

Several Times On Purpose.

WHAT WE DO AS A SCHOOL

We are trying to cut down the risk of bullying by:-

- Delivering anti-bullying work as part of our Personal and Social Education Programme. Enhancing self esteem and developing skills of co-operation, negotiation and dealing with conflict
- Developing collaborative working skills across the curriculum.
- Discussing difference and promoting tolerance in all areas of the curriculum
- Giving recognition and praise for good behaviour
- Promoting the ethos of a safe and happy playground by providing alternative areas and stimulating activities.
- Ensuring all staff have an up to date knowledge of bullying support practices by completing regular programmes of training
- Ensuring that all children have a clear understanding of the range of adults available in school to help them.
- Taking all concerns about bullying very seriously and investigating them
- Working out a joint plan to deal with the problem
- Revisiting concerns regularly to monitor previous issues
- Continuing to run an effective school council who will monitor bullying incidents

WHAT TO LOOK FOR IF YOU THINK YOUR CHILD IS BEING BULLIED

Bullying is a sensitive issue which children are often reluctant to talk about. There are some signs which may suggest your child is being bullied. These include:

- Reluctance to go to school
- Anxiety or irritability
- Becoming withdrawn

