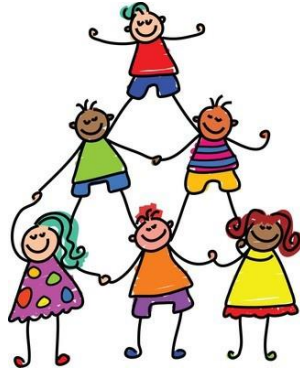


# Who could your trusted adult in school be?

- ANYONE
- Maybe a teacher
- Maybe a dinner lady
- Maybe Mrs Chapman
- Maybe Francesca



## If you feel:

- Unhappy or sad about school
- Unhappy or sad about something happening at school
- Unhappy or sad about someone that you see at school



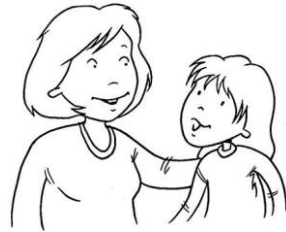
***Then this booklet will tell you what you can do.***

## Things you could do:

→ Tell a parent / carer or family member



→ Tell a trusted grown-up in school



→ Write it down and put it in the worry box

→ Ask someone to write it down and put it in the worry box



## We will:

→ Always listen to you



→ Find out what has been happening



→ Do everything we can to sort it out



→ Keep you safe



***NEVER KEEP IT TO YOURSELF***